

## PELVIC/OB ULTRASOUND INSTRUCTIONS

### THE DAY OF THE STUDY:

- ◆ Start drinking a total of 36 ounces of water 1 1/2 HOURS prior to your exam. Drinking should be completed by one hour prior to the ultrasound.
- ◆ If extreme discomfort occurs, it may be necessary for you to void - do so only partially. About four ounces should give you relief.
- ◆ Your full cooperation is greatly appreciated. A full bladder is very important for the abdominal portion of the exam.

### ANSWERS TO SOME COMMONLY ASKED QUESTIONS:

- ◆ You should eat your normal diet during the day of your exam.
- ◆ We apologize for any inconvenience but we do not have video tape capability. Still photos will be taken for both you and the medical record. We do have CD capability for OB scans when requested in advance.
- ◆ A reasonable number of family members or friends may accompany you during the study.
- ◆ We will be happy to identify fetal sex if this can be reliably determined. Repeat ultrasounds done solely for the purpose of sex determination are not paid for by insurance. A reassurance fetal scan with 3D imaging can be performed at 26-32 weeks. There is a charge of \$100.00.
- ◆ Normal findings on ultrasound are reassuring but do not exclude complications or abnormalities for the pregnancy or the baby.
- ◆ Your due date may be adjusted depending on the findings of the ultrasound and your clinical history.
- ◆ Please call the office at least 72 hours prior to your appointment if you need to reschedule. Thank you. There is a \$50.00 fee if there is a no show or cancellation without this notice.

NAME \_\_\_\_\_

DATE \_\_\_\_\_ TIME \_\_\_\_\_AM/PM